

FOUR CROSSES INN

VEGAN & VEGETARIAN MENU

STARTERS

Pea and Mint Falafel Balls | 5.50

Falafel balls made with chickpea, spinach and mint

Garlic mushroom toast | 6

Woodland Mushrooms cooked in a garlic mushroom sauce served on toasted sourdough

Bruschetta | 6

Mixed Tomatoes basil and garlic served on a toasted sourdough

Baked Brie | 6

Cranberry and walnut salad topped with baked brie, honey and mustard dressing and baked sourdough

Stuffed Red Pepper | 6

Stuffed with couscous, courgette and either feta or vegan cheese

MAINS

Mac and Cheese (Vegan) | 10.50

Macaroni Pasta mixed a with a delicious blend of coconut milk, butternut squash and cauliflower

Vegan Burger | 12

Vegan burgers made from beetroot, carrot, sunflower seeds and horseradish. Served in a vegan brioche bun

Cauliflower & Red Pepper Curry | 11.50

Tender cauliflower and crunchy red peppers in a rich, mildly spiced tomato based sauce

Vegetable Lasagne | 11

Italian egg pasta sheets interleaved with a tomato and vegetable sauce, finished in a creamy white sauce, topped with cheddar and mozzarella cheese

Stroganoff | 12

Mixed mushroom stroganoff, layered with baby onions and long grain rice

Jambalaya | 12

Cooked rice mix with red peppers, black beans and sweet potato, flavoured with Cajun seasoning and smoked paprika, topped with roasted okra

Red Pepper and Courgette Salad | 11

A seasonal mixed salad topped with roasted red pepper and courgette

Grilled Halloumi Salad | 11.50

Lovely mild, Cypriot cheese with a mild, salty flavour with a hint of mint

SIDES

Sweet Potato Fries 3 | Battered Onion Rings 3 | Slaw 3 | Seasonal Side Salad 2.50

Triple Cooked Chips 3.50 (Make them cheesy for an extra 50p!)

Mixed Herb Garlic Bread 3.50 (Make it cheesy for an extra 50p!)

DESSERTS

Salted Caramel Cheesecake | 6

A biscuit crumb base cheesecake, made from vegan cheese, and topped with dark chocolate

Key Lime Pie | 6

Gluten free ginger biscuit base with a whipped vegan key lime filling, sprinkled with lime zest

Chocolate Fudge Cake | 6

A vegan light chocolatey sponge generously layered with a creamy chocolate fudge icing, finished by hand with more chocolate fudge icing in a swirled paddle effect

Vegan Chocolate Ice Cream | 4